

# Book Review

**Esthetics with resin composite: basics and techniques. Editor: Burkard Hugo. ISBN: 978-1- 85097-183-2. Quintessence. Hardback £158.00. 272 pages 1227 mostly colour illustrations.**

There are few books that comprehensively detail the placement of anterior composite restorations in such a well-illustrated way. This book begins by immediately laying down the ground rules for anterior aesthetic restorations; the reader is introduced to various underlying principles such as the golden proportion, horizontal and vertical lines of reference and the visual effects of tooth shape.

The second chapter initially considers the varying degrees of tooth preparation. This is an important interlude, and the argument for tooth preparation in certain situations (and how it will affect the aesthetic outcome) is well-delivered. The book does *briefly* discuss a number of resin composite systems, yet the author clearly favours one in particular (perhaps less well-known in the UK) over the others.

The subsequent chapters move through the technical aspects of anterior composite placement using a fantastic series of clinical photographs (the accompanying DVD also provides clear footage of a few different anterior restorations being placed). Time is taken to discuss layering techniques and matrix adaptation. The author describes a useful technique for contouring and securing an interproximal matrix, but it would perhaps have been useful to see at least a couple of different approaches (not least in-case the reader does not have the same availability of materials). This was also the case when building up interproximal contacts – the author made frequent use of flowable composite, but it would have been a good idea

to explain how to manage with a more traditional, more heavily-filled resin system.

The second half of the book uses a good selection of clinical cases to display the use of composite, including hybrid techniques involving vital and non-vital bleaching. Despite recommendations for bleaching in the book, U.K.-based practitioners are encouraged to check the GDC guidance with respect to the use of hydrogen peroxide-based products.

The book draws to a close with a section that discusses the repair of composites. I was happy to see this within the text, as it often stirs up a rather heated debate between clinicians and materials scientists. Nonetheless the advice seems perfectly appropriate.

In conclusion, the book is an excellent introduction to anterior composite placement. My only minor criticism is that the author could have included a small section on how he placed his rubber dam – for most practitioners, a series of photos detailing the ligature technique would have been very useful.

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# Erratum notice

The publishers wish to apologise for printing the article entitled 'A Report on the Clinical and Radiographic Outcomes of 38 Cases of Apexification with Mineral Trioxide Aggregate.' by S. Nayar, K. Bishop and A. Alani; *Eur. J. Prosthodont. Rest. Dent.*, Vol.17, No. 4, pp 150-156, without including relevant amendments by the author. The corrected version can be viewed online at [http://www.ejprd.org/view.php?article\\_id=501&journal\\_id=71](http://www.ejprd.org/view.php?article_id=501&journal_id=71)

The publishers would also like to acknowledge that the article entitled 'The York Consensus Statement on Implant-Supported Overdentures' *Eur. J. Prosthodont. Rest. Dent.*, Vol.17, No. 4, pp 164-165 was reproduced by kind permission of the British Dental Journal.